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@StAnthonysSch

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Executive Head Teacher: Mr C. Flaherty

Head of School: Mr K Scanlon



St Anthony's Catholic Primary Sch
Fordbridge Road,
Kingshurst,
Birmingham
B37 6LW

Friday 10th October 2025

This half term, we are growing to be eloquent and truthful in what we say of ourselves, the relations between people, and the world.



I think my confidence stems from honesty. I'm brutally honest about everything - even myself. I tell it as I think it is.

Alia Bhatt – British actress

What a fantastic time we had on Wednesday when we were visited by Olympic cyclist Kelly Murphy! The children were so enthusiastic and definitely left feeling inspired and invigorated by their visit from a top athlete!



Any fundraising money that your child managed to raise for their hard efforts in their fitness circuits, should be returned to school by Monday 13th October please.

There's a reminder of the great prizes they'll get for their fundraising efforts in this short video: <https://vimeo.com/1000798545>

Remember that the money raised will go towards new sports equipment to improve levels of physical activity in our school! If you've not sponsored your child yet, now is a great time to reward them for their hard work. You can sponsor them online here: <https://sportal.greatathletes.org/events/landing> , or bring the cash in with your sponsorship form.

Scan to sponsor
Search our school

△
△
△

Time to talk...

TAKEHOME

6th - 12th
October



What can we learn from people who prove others wrong?

'TUESDAY NEWS DAY'

This week we learnt that Ellie Goldstein, a 23-year-old model from Ilford, who is one of the contestants on *Strictly Come Dancing*. She is the first person with Down's syndrome to take part in a full series of the show, having already made history as the first model with Down's syndrome to appear on the cover of *British Vogue*. Ellie says she's excited for the challenge and hopes to show that people can do amazing things, even when others don't expect them to.

Things you could talk about at home:

- Do you enjoy watching competitions?
- Can you remember a time when you were told you couldn't do something?

✕

Pope Leo XIV says...

✕

✕

✕



Those who suffer know how great even a small gesture of affection can be, and how much relief it can bring. No sign of affection, even the smallest, will ever be forgotten by the Lord, especially if it is shown to those who are suffering, lonely, or in need.

PTA Disco



The poster features a circular logo for St. Anthony's Parent Teacher Association with a cross in the center. The word 'DISCO' is written in large, bold, blue letters. Below it, the date 'THURSDAY 23RD OCTOBER' is displayed. A blue starburst contains the text '1 HOTDOG & UNLIMITED SQUASH'. Pricing information is listed as '£3 per child' and '£7 for three children or more'. A cartoon globe character with arms and legs is shown dancing on a checkered floor. Two colored boxes indicate the schedule: a teal box for 'RECEPTION-YEAR 2 3:15-4:30' and a purple box for 'YEAR 3-YEAR 6 4:45-6:00'. Blue arrows point from the logo and the starburst towards the date and the schedule boxes respectively.

ST. ANTHONY'S
P A
PARENT TEACHER ASSOCIATION

DISCO

**THURSDAY
23RD
OCTOBER**

**1 HOTDOG &
UNLIMITED
SQUASH**

**£3 per child
£7 for three
children or more**

**RECEPTION-YEAR 2
3:15-4:30**

**YEAR 3-YEAR 6
4:45-6:00**

If your child(ren) would like to attend, please make your payment via ParentPay by Friday 17th October.

Catholic Life

Fr. Sean's induction as parish priest of St. Anne's and St. Anthony and St. John the Baptist parishes, will take place on Friday 24th October at 7pm. Following the Mass at St. Anne's church, there will be refreshments available in the hall. Fr. Sean extends a warm welcome to you all to attend.



Our next whole school Mass will be on Wednesday 22nd October and will be led by Year 5 pupils.

There will be a parent meeting for the parents / carers of Roman Catholic pupils in Year 3 on Wednesday 15th October at 2:30pm in church regarding First Holy Communion.



School Absence Requests

We would like to remind all families that **Leave of Absence requests must be submitted to the school office at least four weeks in advance** of the proposed absence date.

Please note that, in line with government guidance, **holidays during term time cannot be authorised**. However, if your child will be absent from school for any reason, you are still required to complete a Leave of Absence request form so that we can record the absence appropriately.

If the reason for absence is due to illness, **medical evidence may be requested** to support the absence.

We kindly ask all families to be honest about the reason for any absence. It is not fair to put children in the difficult position of feeling they must hide the truth about where they have been. Transparency helps us to maintain trust and ensures accurate school records.

Thank you for your cooperation and continued support.

ATTENDANCE MATTERS



Medication

REMINDER: Please remember to bring in any medication your child may need including inhalers.



Illness and Attendance

Student Illness and School Attendance

To ensure the health and well-being of all students and staff, we kindly ask that you keep your child at home if they are experiencing symptoms of illness. Children should remain home if they have a fever of 100.4°F (38°C) or higher, are vomiting, have diarrhoea or show signs of contagious conditions.

Unacceptable Reasons for School Absence

While we understand that every child may occasionally feel unwell, it is important to distinguish between minor discomfort and genuine illness that warrants absence from school. Vague symptoms such as “feeling unwell,” mild headaches, or general tiredness are not considered valid reasons to keep a child home and absence due to these reasons will not be authorised. In such cases, we encourage parents to use appropriate over-the-counter medication, such as paracetamol, before school. If your child’s condition worsens during the day, school staff will monitor them and contact you if it becomes necessary for them to be collected. Regular attendance is essential for your child’s academic progress and social development. We appreciate your support in ensuring that absences are limited to genuine illness in line with school guidelines.

Marley's Fundraiser

Marley's fundraiser to meet his heroes



SUN 9TH NOV 12-5

THE PAVILLIONS KINGSHURST

Standing Strong with MARLEY – Fighting Leukemia for the 3rd Time 🙏

Our courageous 4 year old , Marley, is facing their third relapse with leukemia. Despite enduring countless treatments and hospital stays, Marley continues to fight with incredible bravery.

After facing this battle not once, but multiple times, we want to give them something beyond hospitals and treatments: a chance to experience joy, laughter, and magic.

Marley's biggest dream is to visit Disneyland – to meet their favorite characters, ride the attractions, and create memories that will last forever. We're asking for your help to make this dream possible.

Donations will go directly toward travel, accommodations, and park tickets for Marley and their family, giving them a much-needed break filled with love and happiness.

👉 Share this fundraiser to spread the word

Every contribution, big or small, brings Marley one step closer to the happiest place on earth.

Thank you for helping us create magical memories for a truly special child.

From the bottom of our hearts, thank you.



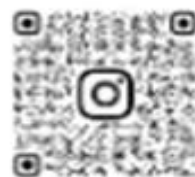
Raffle, tombola, card games, ice cream van, bouncy castle, mascots



**DONATIONS TO BE MADE
VIA LAURA SMITH 23-01-20 10063400**

For more information contact Laura Smith
07584358204

Tickets can be purchased via myself,
pay on the door on the day
£2 adults £1 child



#MARLEYSFIGHT_AML

Tiny Ants

We have been spending lots of time outdoors enjoying the good weather! We used our shoulder muscles to dig and make sandcastles, arms to help us balance, scrubbing brushes to reach up high and bouncing skills on the trampoline. Cayson celebrated his 3rd Birthday and bought a cake in for his friends to share and then we used the puppets to help us sing nursery rhymes.



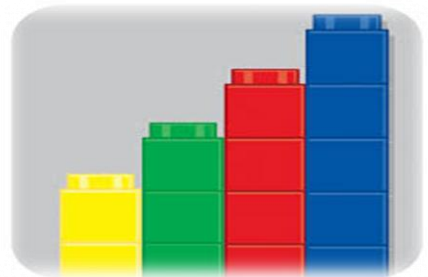
Nursery

This week in Nursery we have focused on exploring pumpkins: we have painted them, counted the seeds and investigated how heavy they are. We have also developed our understanding of size/weight and been able to use the vocabulary 'small, medium and large' when comparing the different pumpkins. We are also continuing to work hard on recognising our own name cards as well as developing our counting skills and number recognition skills.



Year 1

This week in Year 1, we have been creating number sentences and fact families for numbers up to 10 using cubes, counters and spinners. We also enjoyed our DT topic learning about windmills and what they are used for; and later in the topic we will create our own windmills. We had a very special visit from athlete Kelly Murphy which Year 1 really enjoyed. They worked really hard during their exercise sessions and cheered on their teammates. They also prepared lots of questions to ask Kelly during assembly. We also created a piece of artwork in RE which represent different parts of Mass.



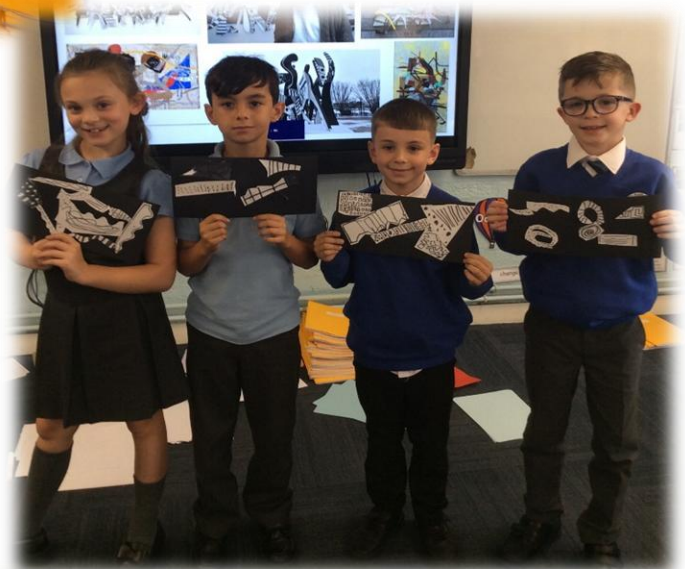
Year 2

We have had a busy week in Year 2. We absolutely loved our visit from Kelly Murphy, a cyclist for Team Ireland, on Wednesday morning. It was wonderful to be so active and participate in different stations to move our bodies! We have also been very busy making bug hotels in science this week. The children had some wonderful ideas about how to keep the bugs safe and what they would enjoy having in their hotel. Well done for a brilliant week, Year 2. 😊



Year 3

This week Year 3 have been working so hard on column subtraction and addition; Miss Bolter has been very impressed with how hard you've all worked and the resilience you have shown. We loved our RHE lesson on Black History Month, where we focused on the artist Charles McGee. Here are some of the masterpieces we created inspired by his work 😊



Year 4

This week, we've been learning more about the Romans. We've read many books about them and created our own Roman shield designs! In RE, we recreated the story of Joseph and his brothers using freeze frames – do you know what scenes the children are representing here?



Year 5

Year 5 have been learning to read music in their Music session this week. They learnt the value of different musical notes and had a go at playing the glockenspiels along with our focus song for this half term.



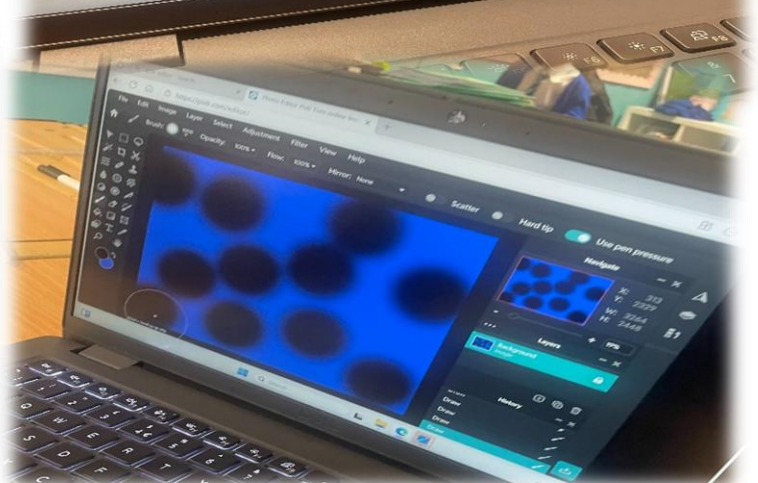
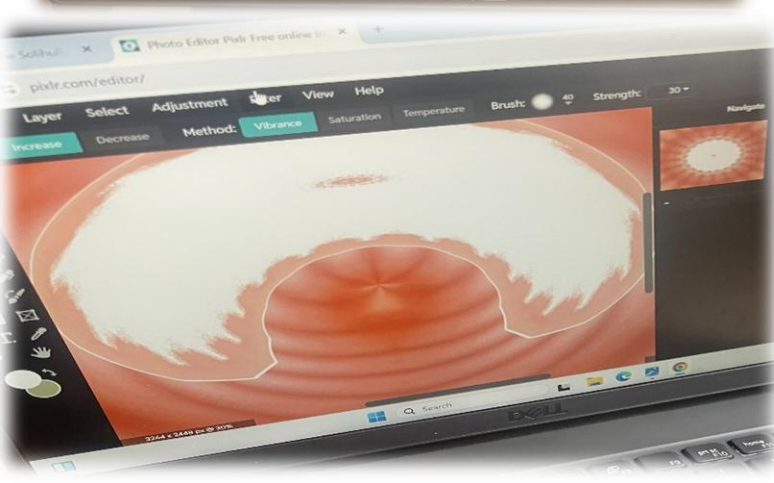
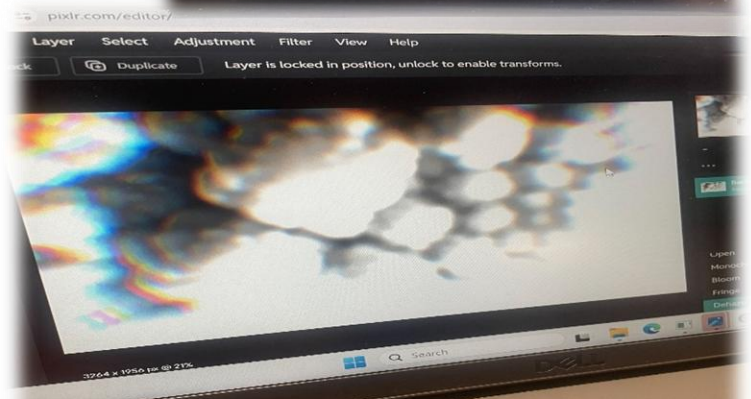
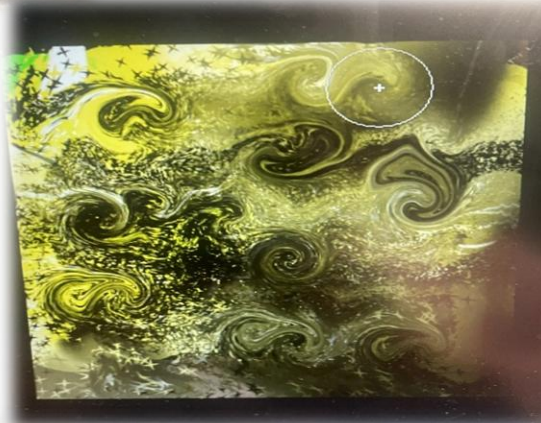
Year 6

Following on from our lesson on the structure and function of blood, the Year 6 children were set some creative homework. Look at their incredible posters, presentations, blood models and even 3D printed creations. We are so proud of them!



Y6 SATs
Year 6 weekly booster
starting from Thursday
6th November for all
pupils from 3:15 till
4:15pm

As well as their learning in science, the children have been busy with their art project based around macro photography. This week, they had to edit the images they had taken of their chosen fruits and vegetables using a photo editor. Look at their incredible work!



Uniform

Summer uniform can be worn after Easter until Autumn Term in October.



Boys

- *Grey trousers or school shorts
- *White sleeved shirt with a school tie or blue or white polo shirt
- *Black school shoes
- *Blue school jumper



Girls

- *Grey skirt, trousers, pinafore or blue gingham dress
- *White blouse with tie or blue or white polo shirt
- *Black school shoes (no heels, no sandals)
- *Blue school cardigan or jumper



Winter uniform can be worn after October half term

Girls' Uniform - Winter

Grey skirt, white blouse (with tie) royal blue school cardigan or sweatshirt, white socks, grey, white or black tights, and black shoes. Girls can choose if they wish to wear grey school trousers (not fashion trousers). Leggings are not permitted.

Boys' Uniform - Winter

Grey trousers, white shirt (with tie) and school royal blue V-necked sweatshirt, and black shoes.



Online Safety for Parents and Carers

10 Top Tips for Parents and Educators DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

1 A PREDICTABLE ENVIRONMENT

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.

2 USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.

3 TRAUMA AND THE BODY

Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labelling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.

4 AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.

5 AVOID DISMISSING OR MINIMISING FEELINGS

Seemingly well-meaning comments like "It's not that bad" or "You're okay" may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.

6 UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.

7 BE AWARE OF YOUR OWN RESPONSES

Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.

8 SEEK PROFESSIONAL SUPPORT

While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

9 MAINTAIN CONNECTION

Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.

10 BE PATIENT – HEALING TAKES TIME

There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

Meet Our Expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.



#WakeUp
Wednesday®

The
National
College®

Solihull Sports Event Expectations

Across the school year, several pupils are invited to represent St. Anthony's by taking part in competitions.

Here is a reminder of the event expectations for anyone attending.

COMPETITORS

- Respect your teammates, competitors, officials and event organisers
- Respect the rules of the game & theme of competition
- Be organised - arrive on time for your event, have the correct kit / equipment
- Be the best you possibly can be – always give 100% effort
- Be humble in victory and gracious in defeat - Have Fun!
- Help to make the School Games an enjoyable experience for ALL!

LEADERS

- Show respect for all competitors and participants
- Remain impartial - encourage, support and praise all participants equally
- Be organised and prepared - have a good knowledge and understanding of your event
- Be a positive role model - enthuse, motivate, inspire! Have Fun!

TEACHERS & OFFICIALS

- Prepare your team, make sure participants understand the intent of competition
- Make sure you understand the rules of the competition & be able to support your team
- Show respect for all participants, officials, leaders and event organisers, encouraging fair play
- Be organised – make sure your team arrives on time with the correct kit and equipment
- Be a positive role model – promote positive sporting values

SPECTATORS

- Show respect for all participants, officials, leaders and event organisers
- Respect the intent of the competition you are watching & the rules applied, remember they may be different to competitive sports outside school.
- Stay within all designated spectator areas and respect the environment you are in
- Be a positive, supportive and encouraging role model
- Do not video or take photographs of any young people at events including their own children.

VALUES: SELF BELIEF, DETERMINATION, HONESTY, RESPECT, PASSION, TEAMWORK

LOGOS: South Solihull School Sport Partnership, NORTH SOLIHULL SPORT, SCHOOL GAMES, YOUTH SPORT TRUST, THINK Active, GIRLS' FOOTBALL SCHOOL PARTNERSHIPS



Boys football club on Monday is cancelled due to a football match.

All clubs (excluding Mighty Ants) are cancelled on Wednesday and Thursday due to parents evening.

Free bus travel for Parents



Funded by
UK Government



FREE bus travel for parents this October half term

All day, unlimited travel from
27 October until 2 November

Parents, guardians and carers can enjoy
unlimited free bus travel across the
West Midlands during these dates.

How to claim

Applications are open from Monday 6
October until Wednesday 15 October.
Just scan the QR code (or visit tfwm.org.uk/october) to apply!

Once applications close, we'll email you
with instructions on how to redeem your
free travel through your Swift account.



Get Online Week

**Solihull
Libraries**



FREE Get Online Week event at The Core



a campaign by Good Things

**We're hosting an event
during Get Online Week!**

**Wednesday 22nd October
10am-12noon
The Core Library foyer**

**FREE help with your
FREE digital library
resources**



Need help to get online? Join us for our FREE Get Online Week event on Wednesday 22 October at The Core Library in Solihull.

Big Brum Youth Theatre

**Are you interested in
joining?**

Open to all Year 6 children

October Half Term
Tuesday 28th October 2025

Elmwood Family Hub, 37 Burtons Way,
Birmingham, B36 0UG



Please email
katie@bigbrum.org.uk
to sign up or for further
details

Information for Parents



National Restart a Heart 2025

Restart a Heart Day is an annual training event that occurs on or around the 16th October. This event usually sees the collaborative effort of hundreds of clinicians, teachers and volunteers working together to train members of the public with how to perform CardioPulmonary Resuscitation (CPR). This is sometimes referred to as Basic Life Support (BLS) or performing chest compressions.

If you have been fortunate to take part in previous years you will know how much fun this can be. The campaign brings communities together, raising awareness of cardiac arrest and increasing the number of people trained in the UK. Restart a Heart encourages everyone to become ready for the ultimate medical emergency by learning the steps to perform CPR.

The project is now in its 12th year and in 2019 (pre COVID) West Midlands Ambulance Service managed to train over 67,000 children in one day across the region however 2020/21 presented some extraordinary circumstances and as a result we took our efforts online.

Restart a Heart Day 2025 is now rapidly approaching and although we cannot physically attend as many locations as we would like, we will endeavour to engage with as many people as possible to spread the message that CPR can save lives. We hope that you can share this message with the children, colleagues, family and friends. Representatives of West Midlands Ambulance will be in the Community providing an invaluable awareness of how important this life saving skill can be.

Here at West Midlands Ambulance Service, we want everyone to learn this life-saving skill so that you will know what to do if someone collapses with a sudden cardiac arrest. Please visit the below link to find out about Restart a Heart and also find information about our "Little Life Savers" campaign.

[Learn to restart a heart - West Midlands Ambulance Service University NHS Foundation Trust](#)

The benefits of improving bystander CardioPulmonary Resuscitation (CPR) rates are evidenced around the world where the highest bystander CPR rates are directly linked to the highest survival rates from sudden cardiac arrest. Over 68,000 people suffer cardiac arrests outside of hospital in the UK every year. If this happens in front of a bystander who starts CPR immediately before the arrival of the ambulance, the patient's chances of survival doubles. You can find some additional information by clicking on this link with the UK Resus Council.

[Restart A Heart Day | Resuscitation Council UK](#)

We want to assure you that we are here to support you and would love to hear about your Restart a Heart day, please share your experiences here.

- Facebook @OfficialWMAS
- Instagram @OfficialWMAS
- X @OfficialWMAS

We hope you can take part and have an enjoyable day.

A handwritten signature in black ink that reads 'Cliff Medicott'.

Cliff Medicott
Regional Community Response Manager



Support for Parents





Timetable

September 2025





Wherever you live in Solihull, we're here to support you

Family Hubs are local centres where children, young people, and families can access support and take part in fun activities! Our friendly staff and service providers work in partnership with you and your community to access the information and support you need. Some services offer drop-in sessions, whilst others require booked appointments. The Hubs are a safe space for you and your loved ones.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|--|
| <p>Employment, training, and digital skills support – 09:00-16:00 Support with job searching, creating, emailing and sending your CV. Drop in or call 0121 779 1724 to book an appointment.</p> <p>Buggy walk – 13:00-13:45 <i>Weather dependant</i> Times may change for the stay and play workshop dependant on the weather. Families to be notified through the Evergreen Facebook page or changes to app.</p> <p>Stay and play – 13:30-15:00 Come and play and meet new friends. Suitable for ages 0-4 and their parents/carers. No booking required, just come along and join in with the fun!</p> <p>After-school club – 15:30-16:30 Play board games, do quizzes, art, table tennis and other fun activities. Suitable for ages 4-12, parents/carers must stay and supervise their children.</p> | <p>Health Visitor clinic – 09:00-14:00 Booked appointments for parents and their babies and children with the Health Visiting team. Book by speaking to your Health Visitor.</p> <p>Midwifery team – 09:30-15:30 Community midwives that provide maternity care outside of a hospital setting. Parent consultation workshops with midwifery team.</p> <p>Community coffee morning – 10:30-12:00 Come in for a cuppa and tell us what you would like to see happening at Evergreen or find out more about volunteering and other services in your local area.</p> <p>Sensory room – 14:30-onwards Slots available for the sensory room. To book, call Evergreen on 0121 779 1724.</p> | <p>Employment, training, and digital skills support – 09:00-16:00 Support with job searching, creating, emailing and sending your CV. Drop in or call 0121 779 1724 to book an appointment.</p> <p>Health in the hearts of our community social group – 10:30-12:00 Social group including fun, games and a cuppa! Learn more about heart health through one-to-one consultations.</p> <p>Health visitors' sensory play – 13:00-15:00 <i>Weather dependant Every second and last week of the month – 10 and 24 September</i> To book, call the Health Visiting Team on 0750 733 2563.</p> <p>Family support worker drop-in – 13:00-14:00 Drop-in service, advice, support and signposting to other services. Helpline is provided at Evergreen on Wednesday afternoon on 0121 788 4927</p> <p>Sensory room – 14:30-onwards Slots available for the sensory room. To book, call Evergreen on 0121 779 1724.</p> <p>Seasonal crafts – 15:30-16:30 Autumn-themed craft workshop.</p> | <p>Health Visitor clinic – 09:00-14:00 Booked appointments for parents and their babies and children with the Health Visiting team. Book by speaking to your Health Visitor.</p> <p>Family support worker workshop – 10:00-13:00 Solution focused workshop</p> <p>Sensory room – 15:00-onwards Slots available for the sensory room. To book, call Evergreen on 0121 779 1724.</p> | <p>Employment, training, and digital skills support – 09:00-15:30 Support with job searching, creating, emailing and sending your CV. Drop in or call 0121 779 1724 to book an appointment.</p> <p>Midwifery team – 09:30-15:30 Community midwives that provide maternity care outside of a hospital setting. Parent consultation workshops with midwifery team.</p> <p>Stay and play – 10:00-11:30 Come and play and meet new friends. Suitable for ages 0-4 and their parents/carers. No booking required, just come along and join in with the fun!</p> <p>Family activities – 13:30-15:30 Bring your homework, play board games, do quizzes, art, table tennis and other fun activities. Suitable for 4-12 years, parents/carers must stay and supervise their children.</p> |

Wellbeing and advice

Here2Help
Family Hubs can help with food, toiletries, fuel, money, staying well, and keeping safe. To find out more, visit www.solihull.gov.uk/here2help.

Health visiting
To speak to a health visitor, text Chat Health on [0750 733 2563](tel:07507332563) between 09:00-16:00, Monday-Friday.

Women's Aid
If you or someone you know needs support, call Women's Aid on [0800 800 0028](tel:08008000028). Available seven days a week, 09:15-17:15.

Mental health support
The Birmingham and Solihull Mental Health NHS Foundation Trust provide guidance and reassurance to people of all ages. Call [0800 915 9292](tel:08009159292) or [0121 262 3555](tel:01212623555).

Midwives
Please call your midwife using the phone number in your red book.

What else can the Family Hubs offer?

Help and support
Speak to our friendly staff

Stay and play area
Toys, books, and soft play

Sensory room
To book, call [0121 779 6943](tel:01217796943)

Computers and private work pods
Internet and phone access

Community wardrobe
Free clothing

[42 Kinshurst Way, Kinshurst, Solihull, B37 6DX](#)

[Family Hubs | solihull.gov.uk](http://solihull.gov.uk) [Solihull Family Hubs](#) evergreen@colebridge.org [0121 779 1724](tel:01217791724)

*Family support worker drop-ins at the Family Hubs
Parents can go to the Family Hubs to talk to a Family Support Worker if needed. No need to book, just turn up.*

Evergreen Hub is next to Yorkswood School.

| Family Hub | Day | Time |
|------------|-----------|---------|
| Evergreen | Wednesday | 1pm-4pm |

Support for Parents and Carers

Did you know Solihull now has a new Family Help Line?



This has launched to support families and the people around them. You can now call 0121 788 4327 for advice, information, strategies & support on things like:

- Parenting support
- Family conflict particularly because of difficulties managing children's behaviours
- Parents/carers needing support if they are struggling to get their child/ren into school and getting in trouble because of this
- Parents/carers struggling to manage their child's health, developmental or social needs (including mental health)

The team can offer:


























- Signposting to services and what's on offer at the Family Hubs
- Referral to a Family Support Worker
- Advice and Support on the wider Early Help offer & how this works

**** This is not a safeguarding or social work service, so if you are worried about a child being unsafe – please call the MASH on 0121 788 4300.**

According to Ofcom, 90% of children are watching online videos and browsing the internet regularly. Children may love to stream videos and look up information, it's a fun way to learn and relax after all but they must be guided. The e-space is filled with inappropriate content and dangerous material. It is important that parents and even teachers, are able to steer their pupils and youngsters, towards the right places when online. Internet Matters has published a guide dedicated to supporting adults in setting digital boundaries for children, so that they can make smart choices and build healthy online habits. In the Internet Matters guide you'll find practical tips on managing content access, the use of safety controls, advice on setting boundaries and ways to educate children on how to stay secure online. If interested please follow the link below:

[Browsing and watching online safely guide Internet Matters](#)

Lunch menu for w.b. 13th October

| FOOD FESTIVAL by Aspens | | LUNCHTIME | | | | | PRIMARY TRADITIONAL |
|--|---|--|---|--|---|--------|---------------------|
| WEEK 1 Autumn Winter 2025/26 01/09/25, 22/09/25, 13/10/25, 03/11/25, 24/11/25, 15/12/25, 05/01/26, 26/01/26, 16/02/26, 09/03/26, 30/03/26 | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|  THE MAIN EVENT | Cheese and Tomato Pizza Slice with Wedges  | Meatball Marinara Pasta  | Roast Chicken, Stuffing, Skin on Roasties and Gravy  | Bangers, Mash and Gravy  | Golden Fish Fingers or Salmon Fingers and Chips  | | |
|  MEAT-FREE MAGIC Veggie Dish | Cheesy Sweetcorn Pizza with Wedges  | Veggie Korma with Rice  | Roasted Vegetable Strudel, Skin on Roasties and Gravy  | Veggie Bangers, Mash and Gravy  | Cheesy Bean Wrap with Chips  | | |
|  RAINBOW ALLEY Vegetables and Salads | Peas | Sweetcorn | Carrots and Cabbage | Mixed Greens | Baked Beans | | |
|  BIG TOPPING Filled Jackets | Beans, Cheese or Tuna Mayo  | Beans, Cheese or Tuna Mayo  | Beans, Cheese or Tuna Mayo  | Beans, Cheese or Tuna Mayo  | Beans, Cheese or Tuna Mayo  | | |
|  DESSERT TROLLEY | Butterfly Pastry Biscuits  | Shortbread  | Banana Bread and Custard  | Apple Cinnamon Buns  | Lemon Drizzle Cake  | | |

Due to school dinners being cooked fresh, please ensure that you pre order meals that your child will eat. Unfortunately, we cannot offer alternatives

Blue Runner

It is essential that all parents/carers have registered for a Blue Runner, even if your child does not order a school meal. You can register using the following link is <https://olaas.myschoolmealorders.com/login>. If you need any support in signing up, please let the school office know.

Thanks to the majority of parents who have signed up and who are pre ordering meals. We have had some brilliant Blue Runner feedback!

Special menu for 5th November

SPARKLE SPECTACULAR

5th November

Bonfire Banger Hot Dogs
with Sweet Potato Wedges
and Rainbow Slaw

Or

Quorn Bonfire Banger Hot Dogs
with Sweet Potato Wedges
and Rainbow Slaw

And

Toffee Apple Sponge & Custard



Diary Dates



2025

| | | |
|----------------------------|--------------------|--|
| Weds 15 th Oct1 | Year 3 | First Holy Communion parent meeting in church @ 2:30pm |
| Weds 15 th Oct | Whole school | Parents' Evening |
| Thurs 15 th Oct | Whole school | Parents' Evening |
| Weds 22 nd Oct | Whole School | Whole school Mass @ 9:15am – Year 5 leading. All parents and family members welcome |
| Thurs 23 rd Oct | Reception – Year 6 | PTA discos |
| Fri 24 th Oct | Whole School | STAFF INSET DAY – School closed to pupils |

HALF TERM HOLIDAY:

Monday 26th October - Friday 31st October 2025

| | | |
|---|--------------|---|
| Mon 3 rd Nov | Whole school | Individual and sibling class photos |
| Mon 3 rd – Fri 7 th Nov | Year 5 | Y5 Bikeability |
| Tues 11 th Nov | Year 3 | Y3 Cinema trip to Cineworld NEC |
| Weds 12 th Nov | Year 2 | Y2 Cinema trip to Cineworld NEC |
| Weds 12 th Nov | Year 6 | Y6 parent workshop from 9-10am |
| Fri 14 th Nov | Rec – Year 6 | Flu immunisations |
| Sat 15 th Nov | Year 6 | Confirmation Commitment Mass @ 5pm |
| Weds 19 th Nov | Whole School | Whole school Mass @ 9:15am - Year 4 leading. Parents and family members welcome |
| Tues 25 th Nov | Year 5 | Y5 Cinema trip to Cineworld NEC |
| Weds 17 th Dec | Whole school | Whole school Mass @ 9:15am - Year 3 leading. Parents and family members welcome |

CHRISTMAS HOLIDAYS:

Monday 22nd Dec - Friday 2nd Jan 2026



Diary Dates



| Term dates 2025 - 2026 | | | |
|------------------------|--------------------------------|---|--------------------------------|
| | Term starts | Half term | Term ends |
| Autumn | 1 st September 2025 | 27 th Oct – 31 st Oct | 19 th December 2025 |
| Spring | 5 th January 2026 | 16 th Feb – 20 th Feb | 27 th March 2026 |
| Summer | 13 th April 2026 | 25 th May - 29 th May | 20 th July 2026 |

Inset days: 1st September, 24th October, **5th January**, 23rd February, **13th April**, 20th July

**** The deadline for secondary school applications is:
31st October 2025 ****

**** Year 6 weekly booster starting from Thursday 6th
November for all pupils 3:15 till 4:25pm ****

P.E Days

Week beginning Monday 13th October

Reception – Friday

Year 1 – Monday & Wednesday

Year 2 – Monday & Friday

Year 3 – Tuesday & Friday

Year 4 – Wednesday & Thursday

Year 5 – Tuesday & Thursday

Year 6 – Tuesday (swimming) & Thursday



Head Teacher's Awards



Congratulations!

Reception – Eli – for showing amazing creativity and imagination to bring wonderful ideas to life!

Year 1 – Jonah – for improved attitude to learning – it is lovely to see.

Year 2 – Oscar – for always having a great sense of humour – this comes so naturally and you make me smile every single day! The world needs more smiles, and you're amazing at spreading them! 😊

Year 3 – Kade – for consistently producing outstanding work and being an absolute pleasure to teach 😊

Year 4 – Jaxson – for putting others above himself and always being considerate and kind during group work. You are a true role model to all of us.

Year 5 – Jacob – for being an absolute pleasure to teach and always having a smile on his face.

Year 6 – Thomas - for his incredible effort across the curriculum, always being eager to learn and to be challenged.

