

Tel: 0121 770 3168



@StAnthonysSch

E-mail: [84office@st-anthonys.solihull.sch.uk](mailto:84office@st-anthonys.solihull.sch.uk)

Executive Head Teacher: Mr C. Flaherty

Head of School: Mr K Scanlon



St Anthony's Catholic Primary Sch  
Fordbridge Road,  
Kingshurst,  
Birmingham  
B37 6LW

Friday 26<sup>th</sup> September 2025

*This half term, we are growing to be eloquent and truthful in what we say of ourselves, the relations between people, and the world.*



*No legacy is so rich as honesty*

William Shakespeare – English playwright

# Get Ready!

Our new  
Instagram page  
will be going live  
on Monday.

Follow us at:  
[@stanthonysb37](https://www.instagram.com/stanthonysb37)



# Time to talk...

## TAKEHOME

22nd - 28th  
September



### Can anyone break a record if they try hard enough?



## 'TUESDAY NEWS DAY'

This week we learnt that Guinness World Records is celebrating its 70th anniversary this year. The book was first published in 1955 and is now sold in over 100 countries. Each year, it collects unusual and amazing records, from the fastest runners to the tallest buildings and silliest challenges. To mark its birthday, the 'global authority' on record-breaking achievements shared some records that no one has tried yet and is encouraging people to have a go.

Things you could talk about at home:

- What is the most impressive record you've ever heard about?
- What would you like to have a world record in?

✕

## Pope Leo XIV says...

✕

✕

✕



When it seems we have hit rock bottom, let us remember that this is the very place from which God is able to begin a new creation. This creation is made of people raised up, with hearts forgiven and tears wiped away.

# 'We-give' Wednesdays!

## Wednesday 1<sup>st</sup> October 2025

On **Wednesday 1<sup>st</sup> October** we are inviting all pupils to bring in a pair of slippers to wear inside during the school day. This is to celebrate 'Older People's Day' and live out our Catholic Social Teachings of Family and Community and Option for the Poor and Vulnerable. If each family was able to donate £1 we could raise over £180!



**Please join in by wearing slippers to school, work or at home and making a donation to Age UK Solihull.**

**Donate as little as £1 to help us to provide advice, friendship and practical support to older Solihull residents who need us.**

*Age UK Solihull is a local charity and all the money raised will stay in Solihull.*



**Find out more:**

✉ [events@ageuksolihull.org.uk](mailto:events@ageuksolihull.org.uk)

☎ **0121 704 7842**

🖱 [www.ageuk.org.uk/solihull/slip-into-slippers](http://www.ageuk.org.uk/solihull/slip-into-slippers)



# 'We-give' Wednesdays!

## Wednesday 8th October 2025

We are very excited to be welcoming a professional athlete to St. Anthony's on **Wednesday 8<sup>th</sup> October**. He will put all pupils from Rec – Year 6 through their paces in a fitness circuit before leading an assembly and Q & A session.

Today your child will bring home a sponsorship form – if you or any family members are in a position to be able to donate anything at all towards new sports equipment for school, we would be very grateful. There is also the option to create an online sponsorship page for your child to make it easier to donate – just follow the instructions on the paper form to set this up.

**All children should wear PE kit to school on this day.**

Welcome

**Team GB Mountain Biker  
DANNY BUTLER**

to our school

“Make as much effort as you can every day. Even if it's just a little”



Scan to sponsor  
Search our school



# School Absence Requests

We would like to remind all families that **Leave of Absence requests must be submitted to the school office at least four weeks in advance** of the proposed absence date.

Please note that, in line with government guidance, **holidays during term time cannot be authorised**. However, if your child will be absent from school for any reason, you are still required to complete a Leave of Absence request form so that we can record the absence appropriately.

If the reason for absence is due to illness, **medical evidence may be requested** to support the absence.

We kindly ask all families to be honest about the reason for any absence. It is not fair to put children in the difficult position of feeling they must hide the truth about where they have been. Transparency helps us to maintain trust and ensures accurate school records.

Thank you for your cooperation and continued support.

## ATTENDANCE MATTERS



# Medication

*REMINDER: Please remember to bring in any medication your child may need including inhalers.*



## Illness and Attendance

### **Student Illness and School Attendance**

To ensure the health and well-being of all students and staff, we kindly ask that you keep your child at home if they are experiencing symptoms of illness. Children should remain home if they have a fever of 100.4°F (38°C) or higher, are vomiting, have diarrhoea or show signs of contagious conditions.

### **Unacceptable Reasons for School Absence**

While we understand that every child may occasionally feel unwell, it is important to distinguish between minor discomfort and genuine illness that warrants absence from school. Vague symptoms such as “feeling unwell,” mild headaches, or general tiredness are not considered valid reasons to keep a child home and absence due to these reasons will not be authorised. In such cases, we encourage parents to use appropriate over-the-counter medication, such as paracetamol, before school. If your child’s condition worsens during the day, school staff will monitor them and contact you if it becomes necessary for them to be collected. Regular attendance is essential for your child’s academic progress and social development. We appreciate your support in ensuring that absences are limited to genuine illness in line with school guidelines.

# Secondary School Open Evening

**SMITH'S WOOD**  
ACADEMY

**OPEN EVENING**  
**1 OCTOBER 2025**

**4:00PM - 6:30PM**

## At Open Evening

you will have a perfect opportunity to find out more about our journey. You will be able to talk to the Principal, staff and students to find out what it is really like to be part of our school.



Leaders have made progress to improve the school, working particularly effectively to improve behaviour as well as attendance.

*Ofsted 2024*

All Year 7 students joining Smith's Wood Academy in September 2025 will receive:

**FUNDED**  
BRANDED  
UNIFORM ITEMS  
WORTH  
**£65.50**

**INCLUDES**  
BLAZER  
TIE  
PE TOP

**FUNDED**  
STATIONERY  
START-UP KIT  
WORTH  
**£27.50**

**\*\* The deadline for Secondary School applications is:  
31<sup>st</sup> October 2025 \*\***

## Catholic Life

Our next whole school Mass will be on **Wednesday 22<sup>nd</sup> October** and will be led by **Year 5** pupils.

There will be a parent meeting for the parents / carers of Roman Catholic pupils in **Year 6** on **Wednesday 1<sup>st</sup> October** at **2:30pm** in church regarding **Confirmation**.

There will be a parent meeting for the parents / carers of Roman Catholic pupils in **Year 3** on **Wednesday 15<sup>th</sup> October** at **2:30pm** in church regarding **First Holy Communion**.



**SCHOOL  
MASS**



**Confirmation**

# Marley's Fundraiser

## Marley's fundraiser to meet his heroes



SUN 9<sup>TH</sup> NOV 12-5

THE PAVILLIONS KINGSHURST

Standing Strong with MARLEY – Fighting Leukemia for the 3rd Time 🙏

Our courageous 4 year old , Marley, is facing their third relapse with leukemia. Despite enduring countless treatments and hospital stays, Marley continues to fight with incredible bravery.

After facing this battle not once, but multiple times, we want to give them something beyond hospitals and treatments: a chance to experience joy, laughter, and magic.

Marley's biggest dream is to visit Disneyland – to meet their favorite characters, ride the attractions, and create memories that will last forever. We're asking for your help to make this dream possible.

Donations will go directly toward travel, accommodations, and park tickets for Marley and their family, giving them a much-needed break filled with love and happiness.

👉 Share this fundraiser to spread the word

Every contribution, big or small, brings Marley one step closer to the happiest place on earth.

Thank you for helping us create magical memories for a truly special child.

From the bottom of our hearts, thank you.



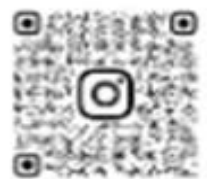
Raffle, tombola, card games, ice cream van, bouncy castle, mascots



**DONATIONS TO BE MADE  
VIA LAURA SMITH 23-01-20 10063400**

For more information contact Laura Smith  
07584358204

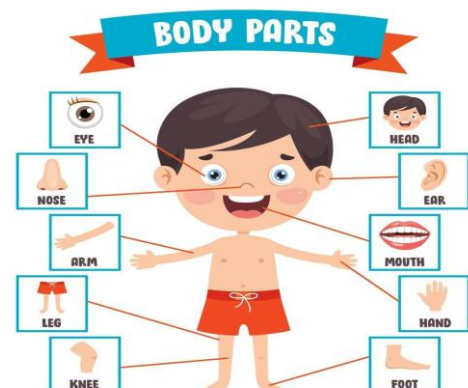
Tickets can be purchased via myself,  
pay on the door on the day  
£2 adults £1 child



#MARLEYSFIGHT\_AML

# Tiny Ants

We have been learning about ourselves, friends and families. We have enjoyed drawing around each other using our words to name body parts, hand, feet, toes, head, hair and fingers. Miss Caffrey helped us to plant bulbs ready for the springtime and we made an inside play area using the rocker, seesaw and slide.



# Nursery

This week in Nursery we have focused on the Creation story and we have looked at the natural world to appreciate what God has created. The children said thank you to God for his creations. Vinnie said "Thank you for the trees", Kai "Thank you for the pumpkins" and Amber "Thank you for the flowers". Nursery are also working hard to remember that God's special book is called a Bible and that we begin our prayers by doing the sign of the cross.

To aid their understanding Nursery have also painted pictures of the Earth and made some beautiful collages of the sea creatures God has created.



# Reception

This week in Reception, the children have been busy exploring a range of exciting learning experiences. In *Understanding the World*, they began learning about autumn, discovering what happens to trees and animals during this season. We went on a nature walk to collect signs of autumn, and the children enjoyed gathering leaves, twigs, and other natural treasures, taking rubbings of leaves and tree bark to observe textures. In our *Communication and Language* lesson, we explored how to change our voices to create different characters. The children had great fun playing games and using puppets to practise their new voices. Outdoors, they experimented with water play, exploring how water can move objects by tipping, pouring, and measuring. In provision, the children loved building train stations, working together to create an impressive railway complete with a tunnel, a bridge, and even the Polar Express!



# Year 1

Year 1 have enjoyed doing practical Maths this week to work out one more and less than a given amount. We have also enjoyed learning about our local community observing what we can see, hear and smell when we are in the area. We have also been learning about how we can greet people in Spanish, and we played a game to practice our new vocabulary with our classmates. We also learnt how to sing a new song in Spanish.



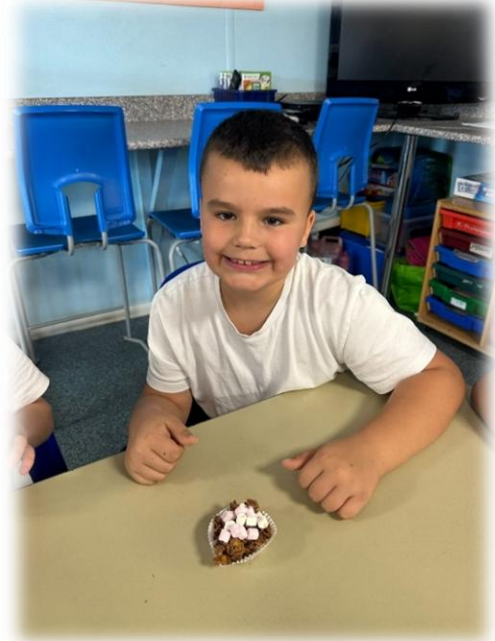
# Year 2

Year 2 have been very busy this week! We have had lots of fun in PE finishing our 'Multi skills' lessons. The children were amazing at controlling the ball with a bat. They're all very excited to start our Yoga topic. In Art, we have been making 'relief maps' of our journeys to school with lots of different resources. The children are also thoroughly enjoying our History topic, The Great Fire of London, and have blown me away with the facts that they can remember! Another lovely week 😊.



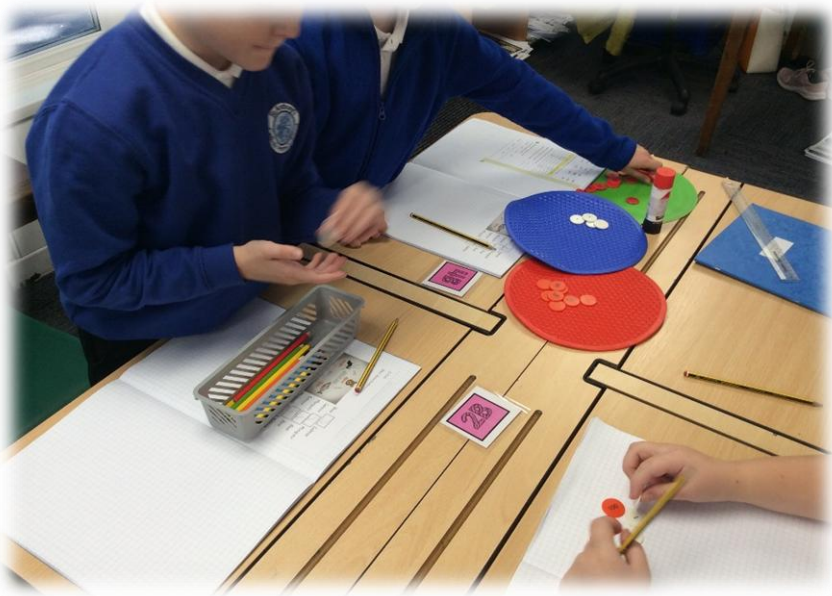
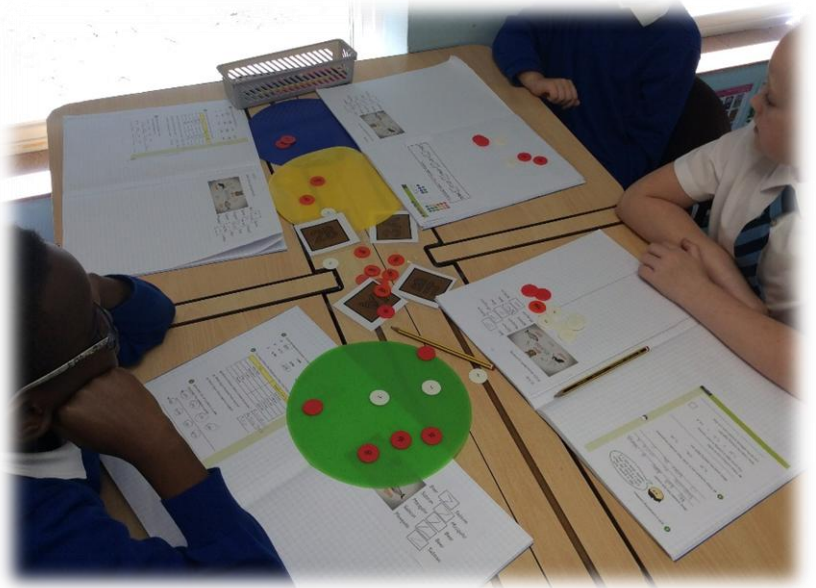
# Year 3

This week Year 3 were looking at the true story of the 'Three Little Pigs'. Mr Wolf needed some help with writing instructions for his granny's birthday cake so we made our very own cakes and then wrote some lovely instructions to send to him!



# Year 4

We have had a super busy week recapping some of our maths topics and focusing on Recycling Week for our reading lessons! We also enhanced our drama skills when we role-played the Bible story of the call to Abram in our Kagan tables. All week, we look forward to our music lesson!



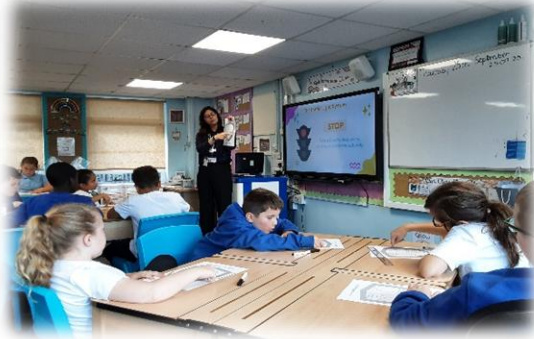
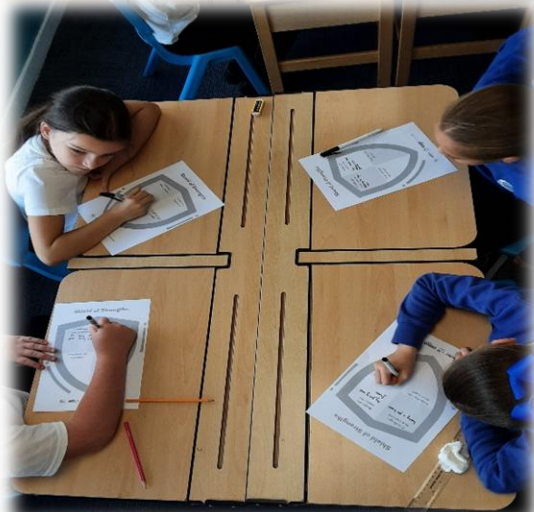
# Year 5

Year 5 have really impressed Miss Cartwright and Miss Meek with their yoga skills this week.



# Year 5

Yesterday, Year 5 had a great workshop with Sophie from SOLAR. They were thinking about resilience and how to manage tricky emotions and situations.



# Summer Uniform

*Summer uniform can be worn after Easter until Autumn Term in October.*

## School Caps

*School caps are recommended during the hot weather, these can be purchased from the School Office and are £6 (please pay on ParentPay)*

*\*\*School caps only – no other caps to be worn\*\**



## Boys

*\*Grey trousers or school shorts*

*\*White sleeved shirt with a school tie or blue or white polo shirt*

*\*Black school shoes*

*\*Blue school jumper*

## Girls

*\*Grey skirt, trousers, pinafore or blue gingham dress*

*\*White blouse with tie or blue or white polo shirt*

*\*Black school shoes (no heels, no sandals)*

*\*Blue school cardigan or jumper*

# SEND Mass

Mass for children and young people  
with special needs and disabilities

**Saturday 4th October**

11am

St Thomas More Church,  
130 Horse Shoes Lane,  
Sheldon,  
Birmingham  
B26 3HU



All are welcome to our special  
mass - from all parishes

All volunteers are  
DBS checked

Wheelchair  
accessible



Please join us after mass in the  
parish centre for refreshments

# 184<sup>th</sup> 1<sup>st</sup> Kingshurst Scout Group

184<sup>th</sup> 1<sup>st</sup> KINGSHURST SCOUT GROUP



JOIN TODAY.

TIME TO TAKE YOUR LIFE TO THE NEXT LEVEL.

**Squirrels**

Ages 4-6

Wednesdays 5 - 6 pm

[1stkhgsl@gmail.com](mailto:1stkhgsl@gmail.com)

**BEAVERS**

Ages 6-8

Monday 5:15 - 6:15pm



**SCOUTS**

Ages 10½-14

Tuesdays 6:30 - 8:30pm

**cubs**

Ages 8-10 ½

Mondays 6:30 - 8:00pm

184th Kingshurst  
Scout Hut Off  
Bassetts Grove  
Kingshurst  
B37 6DR

**EXPLORERS**

Ages 14-18

Wednesdays 6 : 30 - 8:30pm

# Online Safety for Parents and Carers

## What Parents & Educators Need to Know about YOUTH VIOLENCE

### UNDERSTANDING YOUTH VIOLENCE

Youth violence affects one in four children in the UK, but it doesn't have to. When parents, carers, and educators understand the risks, they're better placed to support young people. The right support, mentoring, therapy, and guidance can help young people affected by violence to feel safe, manage conflict, and make positive choices.

### WHY DO YOUNG PEOPLE COMMIT SERIOUS VIOLENCE?

A recent study surveyed over 10,000 young people affected by violence, asking why serious violence occurs among their peers, such as an assault involving a weapon or sexual violence. The most common reasons given were due to a personal characteristic of the victim e.g., race, religion, sexuality, gender, a gang or school rivalry, and being provoked. While not all young people face these issues, many lack the emotional regulation skills needed to manage provocation.

### WHAT ARE SIGNS A YOUNG PERSON IS AT RISK?

Children and young people often express that something is wrong through behaviour rather than words. Be alert to signs such as sudden mood changes, secrecy around friendships, excessive phone use, unfamiliar slang, unexplained injuries, fear of school, aggression, going missing, or substance use. They may also be associating with older peers. These behaviours can indicate underlying issues that can lead to violence.

### ONLINE INFLUENCES

Social media plays a powerful role in normalising and escalating violence. Platforms like TikTok and Snapchat can expose young people to harmful content, often shaped by algorithms. Many see violent material that distorts reality, leading to fear and desensitisation. A recent study found 70% had seen real-world violence online, and 80% felt less safe in their communities. Alarmingly, 39% said it made them more likely to carry a weapon. Online conflict can often spill into real life, with serious and sometimes tragic consequences.

Opportunity

Community

Wellbeing

Respect

UNCERTAINTY

CONFLICT

FEAR

### WHEN IS VIOLENCE MORE LIKELY TO HAPPEN?

For children and young people in England and Wales, the hours between 4 pm and 8 pm – just after school – carry a particularly high risk for serious violence. This can stem from conflicts that escalate during the school day, online arguments, or simply moving through unfamiliar areas on the way home. Understanding this risk helps us support safer travel and routines. Our recent report found that over one in three young people don't feel safe in the area they live in, and 36% don't feel safe walking the streets.

### WHY MIGHT A YOUNG PERSON CARRY A WEAPON?

Young people may carry weapons due to fear, threats, peer pressure, or a false sense of protection. Many young people tell us they feel unsafe and carry weapons 'just in case', while others may be influenced by social media, peers, or criminal activity. Some don't realise it's illegal or may believe it earns respect.

### WHERE IS VIOLENCE MORE LIKELY TO HAPPEN?

Violence often happens in certain places. Busy areas like transport hubs carry risk simply because lots of people gather there. Other hotspots, like places linked to drug activity, attract those more likely to be involved in violence. Some areas become risky due to poor supervision, such as under-resourced public spaces. Understanding where violence tends to occur helps us guide young people safely through their communities and advocate for better support and safer spaces.

## Advice for Parents & Educators

### TALKING TO CHILDREN ABOUT STAYING SAFE

Choose a safe moment for the conversation, emotionally and physically. If a child is upset or angry, help them settle before discussing serious topics. Listen actively without judgement, even if what they share is difficult. Avoid interrupting and offer advice when the time feels right. If you're worried, you're not alone; support is available.

### AVOID CONFLICT & MANAGE ESCALATIONS

Encourage young people to consider the 'Safe T's' – Trust instincts, Take a breath, and Talk to a trusted adult. When triggered or provoked, they may react from their 'survival brain', unable to think clearly about the consequences. Taking a breath helps calm, and helps them access their 'thinking brain'. Remind them that moments pass, and seeking support from trusted adults builds resilience and safer decision-making.

### HELP CHILDREN UNDERSTAND CONSEQUENCES

Young people can be searched by police or teachers if suspected of carrying a weapon. If found with a knife, they could face arrest and criminal proceedings. A conviction can result in a criminal record. Even being present during a violent assault, encouraging it, filming, or sharing footage can lead to prosecution. Open and honest conversations can help children understand these risks and make safer choices.

### REPORT INFORMATION

We all have a role in preventing violence. If a child shares concerns, you can act. For educators, it's important to follow your school's safeguarding procedures. Other adults can report anonymously through Fearless or Crimestoppers, and speak with other parents, the school, or local police through 101. If someone is in immediate danger, always call 999. These steps help protect children and the wider community.

### Meet Our Expert

The Ben Kinsella Trust is a UK anti-knife crime charity educating young people through immersive workshops, awareness campaigns, and community resources. Visit: [benkinsella.org.uk](https://benkinsella.org.uk)



#WakeUpWednesday®

The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/youth-violence>

X @wake\_up\_weds

f /www.thenationalcollege

ig @wake.up.wednesday

music @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 24.09.2025

# Support for Parents and Carers

## Family Helpline

Early Help support for families and professionals in Solihull

**0121 788 4327**

Live from 3 March 2025

Available Monday-Thursday 09:00-16:30,  
Friday 09:00-16:00

Our dedicated team of duty workers support with topics such as:

- Parenting and family guidance
- School attendance and support in coordinating Early Help assessments and plans
- Signposting to local services such as Solihull Family Hubs
- Child behavioural issues and social development
- Health and emotional wellbeing
- Referrals to Family Support Workers

For safeguarding concerns, such as if a child is at risk of being harmed, call the Solihull Multi-Agency Safeguarding Hub (MASH) on 0121 788 4300



Working for Children and Families in Solihull



Solihull METROPOLITAN BOROUGH COUNCIL



EDUCATION PARTICIPATION ADVISORY SERVICE



Solihull METROPOLITAN BOROUGH COUNCIL

## Attendance Support

Chloe and Liz will be completing weekly drop in sessions in the north and south of Solihull. They will be offering attendance advice, support and guidance.

Drop in session details:

**Tuesday 12-1.30pm @ Elmwood Place**

**Wednesday 9.30-11.30am @ Monkspath Juniors and Infants School**  
Located in the bungalow to the left of the school building.

There is no need to make an appointment. Just drop in during the drop in times above.

Does your child worry about going to school?

Do you feel you have tried everything to ensure your child attends school but nothing seems to be working?

Do you feel there has been a relationship breakdown with your child's school?

Do you have general questions around school attendance?

**Then please attend one of our drop in sessions for attendance support.**

Elmwood Place  
37 Burtons Way,  
Birmingham  
B36 0UG



Monkspath Juniors and Infants  
5 Farmhouse Way,  
Shirley,  
Solihull.

If you have any questions please email [attendanceenquiries@solihull.gov.uk](mailto:attendanceenquiries@solihull.gov.uk)

# Information for parents



## National Restart a Heart 2025

Restart a Heart Day is an annual training event that occurs on or around the 16th October. This event usually sees the collaborative effort of hundreds of clinicians, teachers and volunteers working together to train members of the public with how to perform CardioPulmonary Resuscitation (CPR). This is sometimes referred to as Basic Life Support (BLS) or performing chest compressions.

If you have been fortunate to take part in previous years you will know how much fun this can be. The campaign brings communities together, raising awareness of cardiac arrest and increasing the number of people trained in the UK. Restart a Heart encourages everyone to become ready for the ultimate medical emergency by learning the steps to perform CPR.

The project is now in its 12th year and in 2019 (pre COVID) West Midlands Ambulance Service managed to train over 67,000 children in one day across the region however 2020/21 presented some extraordinary circumstances and as a result we took our efforts online.

Restart a Heart Day 2025 is now rapidly approaching and although we cannot physically attend as many locations as we would like, we will endeavour to engage with as many people as possible to spread the message that CPR can save lives. We hope that you can share this message with the children, colleagues, family and friends. Representatives of West Midlands Ambulance will be in the Community providing an invaluable awareness of how important this life saving skill can be.

Here at West Midlands Ambulance Service, we want everyone to learn this life-saving skill so that you will know what to do if someone collapses with a sudden cardiac arrest. Please visit the below link to find out about Restart a Heart and also find information about our "Little Life Savers" campaign.

[Learn to restart a heart - West Midlands Ambulance Service University NHS Foundation Trust](#)

The benefits of improving bystander CardioPulmonary Resuscitation (CPR) rates are evidenced around the world where the highest bystander CPR rates are directly linked to the highest survival rates from sudden cardiac arrest. Over 68,000 people suffer cardiac arrests outside of hospital in the UK every year. If this happens in front of a bystander who starts CPR immediately before the arrival of the ambulance, the patient's chances of survival doubles. You can find some additional information by clicking on this link with the UK Resus Council.

[Restart A Heart Day | Resuscitation Council UK](#)

We want to assure you that we are here to support you and would love to hear about your Restart a Heart day, please share your experiences here.

- Facebook @OfficialWMAS
- Instagram @OfficialWMAS
- X @OfficialWMAS

We hope you can take part and have an enjoyable day.

A handwritten signature in black ink that reads 'Cliff Medicott'.

Cliff Medicott  
Regional Community Response Manager



# Support for Parents and Carers





## Timetable

September 2025





Wherever you live in Solihull, we're here to support you

Family Hubs are local centres where children, young people, and families can access support and take part in fun activities! Our friendly staff and service providers work in partnership with you and your community to access the information and support you need. Some services offer drop-in sessions, whilst others require booked appointments. The Hubs are a safe space for you and your loved ones.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Employment, training, and digital skills support – 09:00-16:00</b> Support with job searching, creating, emailing and sending your CV. Drop in or call <a href="tel:01217791724">0121 779 1724</a> to book an appointment.</p> <p><b>Buggy walk – 13:00-13:45</b> <i>Weather dependant</i> Times may change for the stay and play workshop dependant on the weather. Families to be notified through the <a href="#">Evergreen Facebook page</a> or changes to app.</p> <p><b>Stay and play – 13:30-15:00</b> Come and play and meet new friends. Suitable for ages 0-4 and their parents/carers. No booking required, just come along and join in with the fun!</p> <p><b>After-school club – 15:30-16:30</b> Play board games, do quizzes, art, table tennis and other fun activities. Suitable for ages 4-12, parents/carers must stay and supervise their children.</p>	<p><b>Health Visitor clinic – 09:00-14:00</b> Booked appointments for parents and their babies and children with the Health Visiting team. Book by speaking to your Health Visitor.</p> <p><b>Midwifery team – 09:30-15:30</b> Community midwives that provide maternity care outside of a hospital setting. Parent consultation workshops with midwifery team.</p> <p><b>Community coffee morning – 10:30-12:00</b> Come in for a cuppa and tell us what you would like to see happening at Evergreen or find out more about volunteering and other services in your local area.</p> <p><b>Sensory room – 14:30-onwards</b> Slots available for the sensory room. To book, call Evergreen on <a href="tel:01217791724">0121 779 1724</a>.</p>	<p><b>Employment, training, and digital skills support – 09:00-16:00</b> Support with job searching, creating, emailing and sending your CV. Drop in or call <a href="tel:01217791724">0121 779 1724</a> to book an appointment.</p> <p><b>Health in the hearts of our community social group – 10:30-12:00</b> Social group including fun, games and a cuppa! Learn more about heart health through one-to-one consultations.</p> <p><b>Health visitors' sensory play – 13:00-15:00</b> <i>Weather dependant Every second and last week of the month – 10 and 24 September</i> To book, call the Health Visiting Team on <a href="tel:07507332563">0750 733 2563</a>.</p> <p><b>Family support worker drop-in – 13:00-14:00</b> Drop-in service, advice, support and signposting to other services. Helpline is provided at Evergreen on Wednesday afternoon on <a href="tel:01217884927">0121 788 4927</a></p> <p><b>Sensory room – 14:30-onwards</b> Slots available for the sensory room. To book, call Evergreen on <a href="tel:01217791724">0121 779 1724</a>.</p> <p><b>Seasonal crafts – 15:30-16:30</b> Autumn-themed craft workshop.</p>	<p><b>Health Visitor clinic – 09:00-14:00</b> Booked appointments for parents and their babies and children with the Health Visiting team. Book by speaking to your Health Visitor.</p> <p><b>Family support worker workshop – 10:00-13:00</b> Solution focused workshop</p> <p><b>Sensory room – 15:00-onwards</b> Slots available for the sensory room. To book, call Evergreen on <a href="tel:01217791724">0121 779 1724</a>.</p>	<p><b>Employment, training, and digital skills support – 09:00-15:30</b> Support with job searching, creating, emailing and sending your CV. Drop in or call <a href="tel:01217791724">0121 779 1724</a> to book an appointment.</p> <p><b>Midwifery team – 09:30-15:30</b> Community midwives that provide maternity care outside of a hospital setting. Parent consultation workshops with midwifery team.</p> <p><b>Stay and play – 10:00-11:30</b> Come and play and meet new friends. Suitable for ages 0-4 and their parents/carers. No booking required, just come along and join in with the fun!</p> <p><b>Family activities – 13:30-15:30</b> Bring your homework, play board games, do quizzes, art, table tennis and other fun activities. Suitable for 4-12 years, parents/carers must stay and supervise their children.</p>

**Wellbeing and advice**

**Here2Help**  
Family Hubs can help with food, toiletries, fuel, money, staying well, and keeping safe. To find out more, visit [www.solihull.gov.uk/here2help](http://www.solihull.gov.uk/here2help).

**Health visiting**  
To speak to a health visitor, text Chat Health on [0750 733 2563](tel:07507332563) between 09:00-16:00, Monday-Friday.

**Women's Aid**  
If you or someone you know needs support, call Women's Aid on [0800 800 0028](tel:08008000028). Available seven days a week, 09:15-17:15.

**Mental health support**  
The Birmingham and Solihull Mental Health NHS Foundation Trust provide guidance and reassurance to people of all ages. Call [0800 915 9292](tel:08009159292) or [0121 262 3555](tel:01212623555).

**Midwives**  
Please call your midwife using the phone number in your red book.

**What else can the Family Hubs offer?**

**Help and support**  
Speak to our friendly staff

**Stay and play area**  
Toys, books, and soft play

**Sensory room**  
To book, call [0121 779 6943](tel:01217796943)

**Computers and private work pods**  
Internet and phone access

**Community wardrobe**  
Free clothing

[42 Kinshurst Way, Kinshurst, Solihull, B37 6DX](https://www.solihull.gov.uk/evergreen)

[Family Hubs | solihull.gov.uk](https://www.solihull.gov.uk) [Solihull Family Hubs](https://www.facebook.com/SolihullFamilyHubs) [evergreen@colebridge.org](mailto:evergreen@colebridge.org) [0121 779 1724](tel:01217791724)

*Family support worker drop-ins at the Family Hubs  
Parents can go to the Family Hubs to talk to a Family Support Worker if needed. No need to book, just turn up.*

*Evergreen Hub is next to Yorkswood School.*

Family Hub	Day	Time
Evergreen	Wednesday	1pm-4pm

# Support for Parents and Carers

Did you know Solihull now has a new Family Help Line?



This has launched to support families and the people around them. You can now call 0121 788 4327 for advice, information, strategies & support on things like:

- Parenting support
- Family conflict particularly because of difficulties managing children's behaviours
- Parents/carers needing support if they are struggling to get their child/ren into school and getting in trouble because of this
- Parents/carers struggling to manage their child's health, developmental or social needs (including mental health)

The team can offer:

- Signposting to services and what's on offer at the Family Hubs
- Referral to a Family Support Worker
- Advice and Support on the wider Early Help offer & how this works

**\*\* This is not a safeguarding or social work service, so if you are worried about a child being unsafe – please call the MASH on 0121 788 4300.**

According to Ofcom, 90% of children are watching online videos and browsing the internet regularly. Children may love to stream videos and look up information, it's a fun way to learn and relax after all but they must be guided. The e-space is filled with inappropriate content and dangerous material. It is important that parents and even teachers, are able to steer their pupils and youngsters, towards the right places when online. Internet Matters has published a guide dedicated to supporting adults in setting digital boundaries for children, so that they can make smart choices and build healthy online habits. In the Internet Matters guide you'll find practical tips on managing content access, the use of safety controls, advice on setting boundaries and ways to educate children on how to stay secure online. If interested please follow the link below:

[Browsing and watching online safely guide Internet Matters](#)

# Lunch menu for wb. 29th

**FOOD FESTIVAL**  
By Aspens

# LUNCHTIME

TRADITIONAL

Week 3

Spring Summer

2025

05/05/25, 26/05/25,  
16/06/25, 07/07/25,  
28/07/25, 18/08/25,  
08/09/25, 29/09/25,  
20/10/25

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	THE MAIN EVENT Circus Tent	MEAT-FREE MAGIC Pumpkin Veggie Dish	RAINBOW ALLEY Rainbow Archway Vegetables and Salads	BIG TOPPING Hamburger Filled Jackets	DESSERT TROLLEY Train
MONDAY	BBQ Sweetcorn Pizza Slice with Wedges	Macaroni Cheese	Green Salad	Beans, Cheese or Tuna Mayo	Strawberry Ice Cream
TUESDAY	Sausage Roll with New Potatoes	Veggie Sausage Roll with New Potatoes	Sweetcorn	Beans, Cheese or Tuna Mayo	Marble Cookie
WEDNESDAY	Roast Chicken, Stuffing, Skin on Roasties and Gravy	Cheese and Onion Slice with Skin on Roasties	Carrots and Peas	Beans, Cheese or Tuna Mayo	Sweet Potato Brownie
THURSDAY	Lasagne	Shepherdless Pie	Sweetcorn	Beans, Cheese or Tuna Mayo	Apple Flapjack
FRIDAY	Golden Fish Fingers and Chips	Vegetable Fingers and Chips	Baked Beans	Beans, Cheese or Tuna Mayo	Brookie (Brownie & Cookie Mix)

DAILY SALAD BOWL,  
FRESHLY BAKED BREAD,  
YOGHURTS AND  
CUT FRUIT  
AVAILABLE DAILY

PASTA  
TWIRLER  
AVAILABLE  
EVERY DAY  
Topped Pasta  
Hot Pasta  
topped with  
Homemade  
Tomato Sauce &  
Cheese

W1

Due to school dinners being cooked fresh, please ensure that you pre order meals that your child will eat. Unfortunately, we cannot offer alternatives

## Blue Runner

It is essential that all parents/carers have registered for a Blue Runner, even if your child does not order a school meal. You can register using the following link is <https://olaas.myschoolmealorders.com/login>. If you need any support in signing up, please let the school office know.

Thanks to the majority of parents who have signed up and who are pre ordering meals. We have had some brilliant Blue Runner feedback!

# Special lunch for 2nd October



Tell us your  
**FAVOURITE**  
**MEAL**

**Thursday 2nd October**

**Chicken Nuggets served  
with Chips**

**Vegetable Fingers served  
with Chips**

**Peas**

**Sprinkle Cookies**

Topped Pasta, Jacket  
Potatoes & Sandwiches also  
available





# Diary Dates



## 2025

Weds 1 <sup>st</sup> October	Whole School	Age UK 'Slip into slippers' day - pupils invited to donate £1 and bring slippers to school to wear inside
Weds 1 <sup>st</sup> October	Year 6	Confirmation parent meeting in church @ 2:30pm
Weds 8 <sup>th</sup> October	Reception – Year 6	Visit from a 'Team GB' athlete - pupils completing fitness circuits as a sponsored event
Weds 8 <sup>th</sup> Oct	Year 6	Year 6 parent meeting @ 5pm in school hall
Fri 10 <sup>th</sup> October	Year 6	Year 6 visit to St. Chad's Cathedral
Weds 15 <sup>th</sup> October	Year 3	First Holy Communion parent meeting in church @ 2:30pm
Weds 15 <sup>th</sup> and Thurs 16 <sup>th</sup> Oct	Whole School	Parents' Evening
Weds 22 <sup>nd</sup> Oct	Whole School	Whole school Mass @ 9:15am – Year 5 leading. Parents and family members welcome
Thurs 23 <sup>rd</sup> Oct	Reception – Year 6	PTA discos
Fri 24 <sup>th</sup> Oct	Whole School	STAFF INSET DAY – School closed to pupils

### HALF TERM HOLIDAY:

Monday 26<sup>th</sup> October - Friday 31<sup>st</sup> October 2025

Mon 3 <sup>rd</sup> Nov	Whole school	Individual and sibling class photos
Mon 3 <sup>rd</sup> – Fri 7 <sup>th</sup> Nov	Year 5	Y5 Bikeability
Tues 11 <sup>th</sup> Nov	Year 3	Y3 Cinema trip to Cineworld NEC
Weds 12 <sup>th</sup> Nov	Year 2	Y2 Cinema trip to Cineworld NEC
Fri 14 <sup>th</sup> Nov	Rec – Year 6	Flu immunisations
Sat 15 <sup>th</sup> Nov	Year 6	Confirmation Commitment Mass @ 5pm
Weds 19 <sup>th</sup> Nov	Whole School	Whole school Mass @ 9:15am - Year 4 leading. Parents and family members welcome
Tues 25 <sup>th</sup> Nov	Year 5	Y5 Cinema trip to Cineworld NEC
Weds 17 <sup>th</sup> Dec	Whole school	Whole school Mass @ 9:15am - Year 3 leading. Parents and family members welcome

### CHRISTMAS HOLIDAYS:

Monday 22<sup>nd</sup> Dec - Friday 2<sup>nd</sup> Jan 2026



# Diary Dates



Term dates 2025 - 2026			
	Term starts	Half term	Term ends
Autumn	1 <sup>st</sup> September 2025	27 <sup>th</sup> Oct – 31 <sup>st</sup> Oct	19 <sup>th</sup> December 2025
Spring	5 <sup>th</sup> January 2026	16 <sup>th</sup> Feb – 20 <sup>th</sup> Feb	27 <sup>th</sup> March 2026
Summer	13 <sup>th</sup> April 2026	25 <sup>th</sup> May - 29 <sup>th</sup> May	20 <sup>th</sup> July 2026

*Inset days:* 1<sup>st</sup> September, 24<sup>th</sup> October, **5<sup>th</sup> January**, 23<sup>rd</sup> February, **13<sup>th</sup> April**, 20<sup>th</sup> July

**\*\* The deadline for secondary school applications is:  
31<sup>st</sup> October 2025 \*\***

## P.E Days

Week beginning Monday 29<sup>th</sup> September

Reception – Friday

Year 1 – Monday & Wednesday

Year 2 – Monday & Friday

Year 3 – Tuesday & Friday

Year 4 – Wednesday & Thursday

Year 5 – Tuesday & Thursday

Year 6 – Tuesday (swimming) &  
Thursday



# Head Teacher's Awards



# Congratulations!

**Reception – Hunter M-O** – for always smiling and bringing other people joy.

**Year 1 – David** – for being a kind friend and growing in confidence every day – well done!

**Year 2 – Oscar** – for having a fantastic start to Year 2 and always trying your best every day. Keep it up 😊

**Year 3 – Arabella** – for always being helpful and generous. You are a wonderful friend and always bring joy to others – Year 3 are lucky to have you 😊

**Year 4 – Kacey** – for being a patient and helpful partner and teammate during our Rally Coach activities.

**Year 5 – Nelleigh** – for always working hard and doing it with a smile!

**Year 6 – Everleigh** – for her bright personality, work ethic and being an incredible example of a St Anthony's pupil 😊

