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Head Teacher: Mr C. Flaherty



**Our Lady and All Saints**

Catholic Multi Academy Company

**Strong in Faith** St Anthony's Catholic Primary School

Fordbridge Road,

Kingshurst,

Birmingham

B37 6LW

**Friday 13<sup>th</sup> October 2023**

## **Our Focus This Half Term Is to be Grateful & Generous**

*It has been another busy week at St. Anthony's!*

*KS2 began Monday morning by joining together (virtually) with thousands of pupils from Our Lady and All Saints MAC to pray the Joyful Mysteries of the Rosary. It was lovely to be able to join this time of prayer on the feast day of Year 6's class saint: St. John Henry Newman.*



*Tuesday 10<sup>th</sup> October was World Mental Health day and in Miss Costello's assembly, the children were set some very important homework by none other than Ant and Dec!! They learnt about the importance of not bottling up your worries and talking to someone you trust in order to take care of your mental health and wellbeing.*



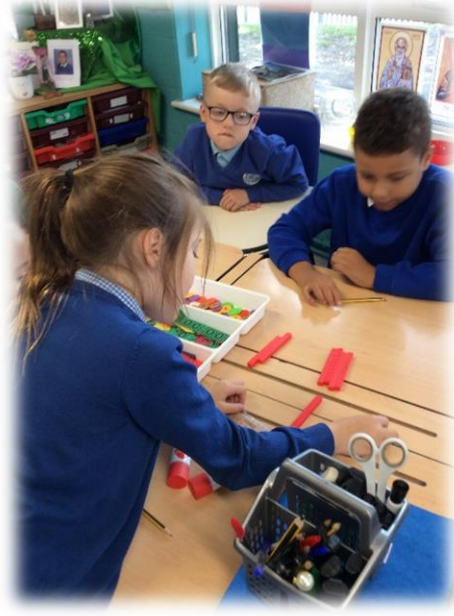
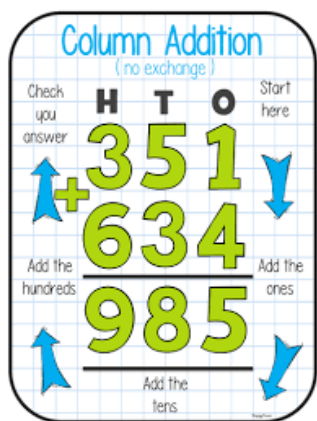
On Wednesday, the house captains organised some of our harvest donations, ready to distribute them. Representatives from the Colebridge Trust were incredibly *grateful* when they came to collect what our families had so *generously* donated. Their goods will be used to stock their 'Around Again' shop at Junction Community Centre on Chapelhouse Road.



On Thursday our **Year 4** and **Year 6** pupils worked with Mr Wong, to begin their journey through the Diocesan Schools Singing Programme. He is working with the 13 schools in our Our Lady & All Saints Multi Academy Company (MAC) to help our young people to grow even closer to God, using their musical talents. The pupils really enjoyed their first session – particularly the warm up songs and activities that he taught them.

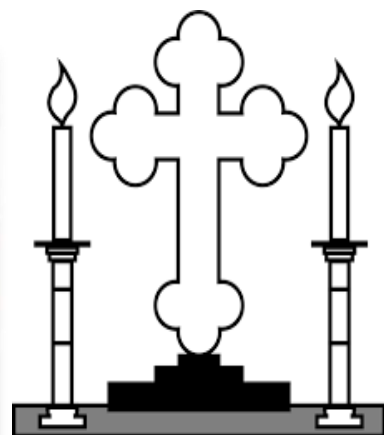


This week in maths **Year 3** have been learning to do column addition with regrouping and in English we have had lots of fun thinking about our own fractured fairy tales and even doing a bit of





In **Tiny Ants** this week the children were asked if we could visit St Anthony's church, we lit a candle and said Prayers for our families.



Tuesday was mental health day, so we all dressed up in yellow to celebrate.



Isla and Nova worked really well together understanding the doll needed to get bigger and bigger to fit into one whole doll.



We are exploring how to make different colours using paint, Willow and Isla rubbed red and yellow paint into each other's hands to make orange.

This week, **Reception** have been learning all about Autumn. We have made our own pumpkin paintings with puffy paint, had fun experimenting by decorating pumpkins and went on an Autumn walk to look for signs of Autumn and collect what we could find. Our collective worship focus this week was to share what or who we were grateful for. We were very impressed to hear lots of lovely things that the children were appreciative of and grateful for! Another lovely week.



The Year 6 classroom has been taken over by some amazing homework pieces! Check out our wanted posters for The Highwayman....



# WANTED

INFO NEEDED



REWARD £10000

THE HIGHWAYMAN

LAST SEEN 1 Week ago

DESCRIPTION Red, Velvet coat, die brown breeches.

CRIMES Stealts peoples things.


# Wanted

The Highway-man is cunning to crack the best of us. He is an evil man willing to do whatever it takes to get your money belonging to you.

A Fed large fuzzy Coat and a black hat.


If you dont report, if you let this appalling behaviour continue, if you dont take action that you will have the disreputable pieces in the night time and a lot of many others.

It has a bunch of lace up his chin and wears a french cocked hat and has a long pants, cooperated in his great big and a pistol to shoot.



REWARD £1234002

# WANTED



Highway man


DEAD OR ALIVE for murder and crime

Send to nearest police station or Call 999

REWARD: 1,000,000 pounds

# WANTED

Description: He wears a red velvet coat Two pistols in a leather holster. A french crooked hat. Name: The Highwayman.




The Highwayman most of all is known for murdering innocent people and stealing from the rich.

last seen two weeks

# WANTED

£1,000,000



This man is a robber that to the whole world around and is shall not you or your friend to get do happen to one night he please report him to the number 44-16-998-477 if you do decide to not do this you will miss in real time until the job.

# WANTED

DEAD OR ALIVE




REWARD: £1,000,000

## THE HIGHWAYMAN

BY DYLAN

# WANTED


Dead or Alive



The biggest Suggestive ever to exist is the Alex the Absconder; he is identified as he escaped capture in mere seconds or not sent to report this criminal. You will be Rich about this criminal.

# WANTED!!

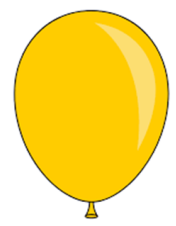
If you find him, contact the police instantly!



The Highwayman!  
 Bounty Reward \$100,000.  
 Has been riding over the moors.  
 Goes around and threatening people for money and riches.



Nursery have loved exploring our thoughts and feelings for World Mental Health Day. We had a fashion show to show off our yellow clothes and described how we were feeling in that moment. We have loved playing with Tiny Ants and throwing and catching yellow balloons.



**Year 4** have worked so hard this week! In science, we were learned about parts of the digestive system and got our hands stuck in with a smelly science experiment! In English, the children planned and produced super, sweet smoothies as part of their topic 'The Fun Fit Factory' and produced some persuasive leaflets to sell their product. Well done for your brilliant work this week Year 4!



Year 5 had an amazing trip to safe side, we are now experts in road safety and fire safety!!

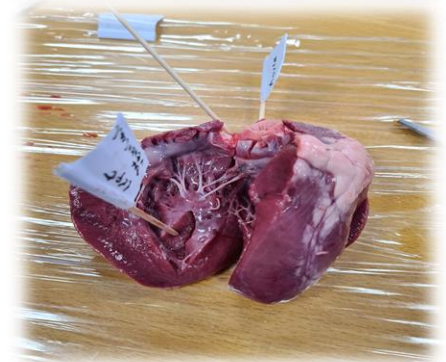
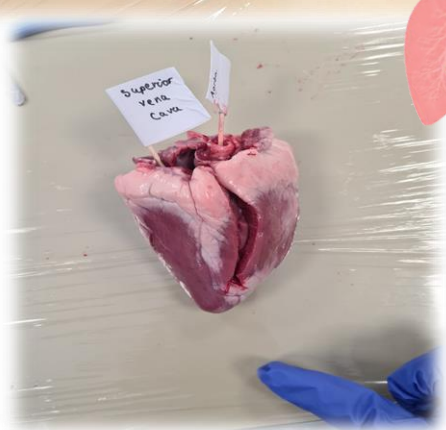
# safe side



This week, **Year 2** learnt a traditional West African Call and Response song during music. First, we learnt the words to the song and what they meant. Then, we added in some actions. It was great fun!



This week **Year 6** have been dissecting hearts as part of their Heart and Lungs Science topic.





St. Andrew's were victorious in this week's TTRS battle – well done!

Congratulations to the most valuable players in each team:

House Group	1 <sup>st</sup> most valuable player (MVP)	2 <sup>nd</sup> most valuable player (MVP)	3 <sup>rd</sup> most valuable player (MVP)
St. Andrew's (1 <sup>st</sup> )	Gracie (y5)	Jakub (y6)	Ana (y6)
St. David's (2 <sup>nd</sup> )	Charlie (y4)	Dylan (y6)	Aara-Jasmine (y5)
St. George (3 <sup>rd</sup> )	Frankie (y6)	Esther (y5)	Bobbie (y6)
St. Patrick (4 <sup>th</sup> )	Nyle (y5)	Freddie (y6)	Grace (y6)

The next battle has now begun and is Year 6 v Year 5 v Year 4 v Year 3 v Year 2 – which year group will come out on top?!

The winners and MVPs from this battle will be announced on next week's newsletter.

John Henry Newman Catholic College



### Proposed admission Arrangements for 2025-2026

John Henry Newman Catholic College is consulting on its admission arrangements for 2025-2026 from 1<sup>st</sup> November to 13<sup>th</sup> December 2023. You can find a copy of the proposed admission arrangements on their website. Please see the following link

<https://www.johnhenrynewmancatholiccollege.org.uk/admission/>

If you have any comments or views you should send them to Mrs L. O'Rourke, Governor for Admissions at [lorourke@jhnc.org](mailto:lorourke@jhnc.org) by 5pm on 13<sup>th</sup> December 2023.

# BIKE IT

Solihull



## Free Get Pedalling Sessions

The perfect opportunity for children to learn to ride and improve their cycle skills and confidence.

Fun indoor cycling sessions available for children aged 4-11 years.

**Monday 30<sup>th</sup> October – Sports Hall at North Solihull Sports Centre, Conway Road, B37 5LA. Sessions start at 9.30, 10.30 and 11.30am.**

**Friday 3<sup>rd</sup> November – Indoor Tennis Courts at Tudor Grange Leisure Centre, Blossomfield Road, B91 1NB. Sessions start at 9.30, 10.30 and 11.30am.**

Balance bikes and pedal bikes are available to borrow or bring your own bike. Places are limited, please book in advance and only book one timeslot per child.

**Certificates and badges awarded. Book via:** <https://solihull.cycleready.co.uk/publicbooking>

Please note helmets must be worn, these can also be provided.

If you are bringing your own bike, please make sure stabilisers are removed.



**# OWN THE RIDE**

If you would like further information please email [solihullactive@solihull.gov.uk](mailto:solihullactive@solihull.gov.uk)



# Say **BOO** to your worries with Solar at Halloween

We are inviting **5-11 year olds** across Solihull to join us as we explore our worries this Halloween. We are offering a one-off session filled with fun and educational activities around worries and emotions - small people friendly!

**including slime making, worry monsters, glitter jars, and mindfulness**

**Tuesday 31st October 2023**

**10am-12:30pm**

**Three Trees Community Centre**

*fancy dress or  
come as you are*

Register your interest by emailing [bsmhft.schools@nhs.net](mailto:bsmhft.schools@nhs.net)

Let us know your child's name, age, your contact details, and any allergies! A member of the team will be in touch to gather some additional information and to confirm your place. Places are on a first come first served basis.

# Say **BOO** to your worries

with Solar at Halloween

## Manual and activities

Activity	Description	Resources required
Introducing worry/emotions		
What are feelings?	<ul style="list-style-type: none"> <li>-Inside Out video</li> <li>-Introduce emotions <i>fear, disgust, joy, sadness, anger</i></li> <li>-Discuss why emotions are important</li> <li>-Discuss worry and how it feels.</li> <li>-Normalise emotions.</li> </ul>	Screen—confirmed by Three Trees Pictures of emotions Body picture
Monster faces using play doh	<ul style="list-style-type: none"> <li>-Firstly, show the monster feeling fear, disgust, joy, sadness, anger using cut out facial expressions.</li> <li>-Then, give each CYP play doh. Read out short scenarios and ask CYP to make the face that the monster may feel.</li> </ul>	Pictures of characters Play doh Monsters activity
Slime	Riley (Inside Out) had lots of big emotions going on inside her body. <ul style="list-style-type: none"> <li>-Make slime for each emotion by adding the specific colours.</li> <li>-Begin to talk about how the emotions feel in their body. Use the slime to show this.</li> </ul>	Slime kit
Glitter jars	To show that like the glitter in our jar, feelings settle. Create glitter jars.	PVA glue, water bottles, glitter, water, cellotape.
Strategies for difficult feelings and worry		
Monster tissue boxes	<ul style="list-style-type: none"> <li>-Introduce the idea that it is important that we talk about our worries and feelings with others. We can write them down, tell a worry monster, and tell a trusted adult.</li> <li>-Create worry monsters using tissue boxes.</li> <li>-Speak about when we would use them</li> </ul>	Tissue boxes Paint Glitter Pens Googly eyes Craft materials
Monster mindfulness	Follow mindfulness monster script—be printed	Mindful monster script
Monster yoga	Follow monster yoga script.	Mindful monster script
Emotions toolkit	Create emotion toolkits. Help YP to think of what they can do with each emotion. Introduce emotion cards and give each YP a pack to take home to use.	Toolkit pages Emotion cards (1 set per child)
Additional Resources		
	Set up board games, painting, doodling, crafting for breaks and for independent play. Name tags needed. Register to be printed.	

**REMINDER**



Parking outside school and surrounding streets. On several occasions you have been reminded to be considerate of where you park around school. In certain areas outside school there are double yellow lines to mark where parents are not to park. There should be no stopping or parking in any of these areas. Please show the children good examples by obeying all the rules. Parking across residents driveways is also not acceptable. Please remember that school is located in a residential area. Parking illegally can lead to enforcement by appropriate authority and that police can and do make random patrols around school.



## Reception Places September 2024

**Is your child due to start Reception in September 2024?**

If so, you need to apply for a place. You can do this by visiting <https://www.solihull.gov.uk/Schools-and-learning/School-admissions> and logging into the portal. Applications are open now and you have until 15<sup>th</sup> January 2024 to apply. Offer day is the 16<sup>th</sup> April. For any queries, please contact Solihull Admissions on 0121 704 6693.



## Nursery Places September 2024

We are now taking applications for spaces for the September 2024 Nursery intake for children born between September 2020 and August 2021.

If you would like more information or an application form, please pop into the school office, call the school office on 0121 7703168 or email us at [office@st-anthonys.solihull.sch.uk](mailto:office@st-anthonys.solihull.sch.uk)



# SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

## A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

### FIND OUT WHAT YOUR CHILD KNOWS **1**

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.



### RIGHT TIME, RIGHT PLACE **2**

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.



### KEEP IT AGE APPROPRIATE **3**

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.



### EMPHASISE HOPE **4**

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.



### MONITOR REACTIONS **5**

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.



### CONSIDER YOUR OWN EMOTIONS **6**

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.



### SET LIMITS **7**

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.



### TAKE THINGS SLOWLY **8**

Try not to overwhelm your child with information all at once; instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.



### ENCOURAGE QUESTIONS **9**

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.



### FIND A BALANCE **10**

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.



### BUILD RESILIENCE **11**

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.



### IDENTIFY HELP **12**

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It's essential that children understand that they're not alone, and that help is available if and when they need it.



### Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



**NOS**  
National Online Safety®  
#WakeUpWednesday

Source: <https://www.nos.org.uk/news/04/04> | <https://www.kidnet.com/blog/supporting-your-child-with-upsetting-content/> | <https://www.kidnet.com/blog/how-to-help-your-child-cope-with-conflict-and-war/>

# Primary School Menu

Dates: 1<sup>st</sup> May, 22<sup>nd</sup> May, 19<sup>th</sup> June, 10<sup>th</sup> July, 4<sup>th</sup> Sept, 25<sup>th</sup> Sept, 16<sup>th</sup> October

## WEEK THREE

### Monday

Meatballs in Tomato Sauce  
Pasta  
Corn Cobs & Salad

Energy kCal	Fat	Saturated	Sugar	Salt
240.0	4.0g	1.2g	1.4g	0.77g
5%	8%	2%	3%	15%

\*\*\*\*\*

Vegetable Nugget Wrap  
Sweet Potato Fries  
Corn Cobs & Salad

Energy kCal	Fat	Saturated	Sugar	Salt
11.0	0.0	0.0	0.1	0.1
0%	0%	0%	0%	0%

\*\*\*\*\*

Home Bake –  
Vanilla Cookie

\*\*\*\*\*

Fresh Fruit Platter  
Yogurts

### Tuesday

Chicken Curry  
Rice  
Green Beans

Energy kCal	Fat	Saturated	Carbohydrate	Protein
240.0	12.2	4.4	43.2	15.2
10%	25%	9%	8%	30%

\*\*\*\*\*

Filled Panini  
Potato Wedges  
Coleslaw

Energy kCal	Fat	Saturated	Sugar	Salt
4.0	1.0g	0.3g	0.0g	0.0g
8%	20%	6%	0%	0%

\*\*\*\*\*

Jelly & Ice Cream

\*\*\*\*\*

Fresh Fruit Platter  
Yogurts

### Wednesday

Roast Chicken  
Roast Potatoes  
Cabbage  
Carrots

Energy kCal	Fat	Saturated	Carbohydrate	Protein
83.8	0.7	0.2	0.0	14.4
3%	1%	0%	0%	32%

\*\*\*\*\*

Cheese Whirl  
Baked Beans

Energy kCal	Fat	Saturated	Carbohydrate	Protein
188.2	10.4	4.2	0.2	16.9
8%	21%	10%	0%	37%

\*\*\*\*\*

Home Bake - Apple  
Eve Pudding &  
Custard

\*\*\*\*\*

Fresh Fruit Platter  
Yogurts

### Thursday

Meat & Potato Pie  
Broccoli  
Sweetcorn

Energy kCal	Fat	Saturated	Sugar	Salt
276.0	4.0g	1.0g	1.0g	0.77g
7%	8%	2%	2%	16%

\*\*\*\*\*

Macaroni Cheese  
Broccoli  
Sweetcorn

Energy kCal	Fat	Saturated	Carbohydrate	Protein
381.1	13.8	7.2	46.4	14.8
16%	29%	20%	9%	33%

\*\*\*\*\*

Chocolate Mousse

\*\*\*\*\*

Fresh Fruit Platter  
Yogurts

### Friday

Fish Fingers  
Chips  
Peas

Energy kCal	Fat	Saturated	Carbohydrate	Protein
188.8	8.2	3.7	16.8	11.7
8%	17%	8%	3%	26%

\*\*\*\*\*

Cheese & Tomato  
Pizza  
Chips & Peas

Energy kCal	Fat	Saturated	Carbohydrate	Protein
154.8	5.0	2.3	18.8	8.8
6%	10%	5%	4%	19%

\*\*\*\*\*

Rocket Lolly

\*\*\*\*\*

Fresh Fruit Platter  
Yogurts

Available Daily

Home Baked Bread  
Seasonal Salads



MSC-C-54995





# Head Teacher's Awards



# Congratulations!

**Reception – Ila** – For always going above and beyond with her learning at home and school.

**Year 1 – Nancy** – For always shining like Jesus.

**Year 2 – Yoan** – For always trying your best in everything you do!

**Year 3 – Harry** – For working extremely hard this week and always being a pleasure to teach.

**Year 4 – Freddie** – For showing determination and resilience in class.

**Year 5 – All of Year 5** – For always being a reliable member of the class.

**Year 6 – Lola-Mae** – For an improved attitude towards her learning – keep it up!



# Diary Dates



These dates will updated each week and newly added events / any changes will be highlighted in yellow.

Date and Time	Year Group	Event
Mon 16 <sup>th</sup> October 2:30pm – 2:45pm	Tiny Ants parents	Stories and Rhyme time
Tues 17 <sup>th</sup> October 11:30am – 11:50am	Nursery am parents	Stories and Rhyme time
Tues 17 <sup>th</sup> October 2:30pm – 2:50pm	Nursery pm parents	Stories and Rhyme time
Weds 18 <sup>th</sup> October 2:30pm – 3:00pm	Reception parents	Stories and Rhyme time
Weds 18 <sup>th</sup> October 9am – 9:45am	Year 1 parents	Year 1 parent meeting
Fri 20 <sup>th</sup> October	Y3	History workshop at St. Andrew's school
Tues 24 <sup>th</sup> and Weds 25 <sup>th</sup> October	N – Y6	Parents Evening
Weds 25 <sup>th</sup> October	R – Y6	Whole school Mass in church – Year 5 leading
Friday 27 <sup>th</sup> October	Whole School	INSET Day – School will be closed to all pupils
Mon 29 <sup>th</sup> Oct – Fri 3 <sup>rd</sup> Nov HALF TERM		
Weds 15 <sup>th</sup> Nov 9:30am	R – Y6	Whole school Mass in church – Year 4 leading
Weds 29 <sup>th</sup> Nov	R and Y6	Height and weight check
Weds 29 <sup>th</sup> Nov 9am – 11:30am	Open to all parents	Speech and Language parent workshop
Weds 6 <sup>th</sup> Dec 1pm – 3pm	Open to all parents	Sensory parent workshop
Thurs 7 <sup>th</sup> Dec	Y2	Trip – 'Journey to the Stables'
Thurs 7 <sup>th</sup> Dec 11:30am	Nursery am parents	Nursery morning children's Nativity in the Nursery classroom
Thurs 7 <sup>th</sup> Dec 2:30pm	Nursery pm parents	Nursery afternoon children's Nativity in the Nursery classroom
Fri 8 <sup>th</sup> Dec 2:15pm	Reception parents	Reception Nativity in church
Mon 11 <sup>th</sup> – Fri 15 <sup>th</sup>	Whole school	Book Fair open after school
Thurs 14 <sup>th</sup> Dec	Whole school	Christmas dinner and jumper day



# Diary Dates



Fri 15 <sup>th</sup> Dec 2:15pm	Year 1 and 2 parents	KS1 Nativity in church
Mon 18 <sup>th</sup> Dec	R – Y6	Whole school Mass in church
Weds 20 <sup>th</sup> Dec 1:45pm	Y3,4,5 and 6 parents	KS2 Carol Concert in church
Thurs 21 <sup>st</sup> Dec	Whole school	Christmas parties in class
Friday 22 <sup>nd</sup> Dec	Whole school	Term ends
2024 Term dates:		
Tues 8 <sup>th</sup> January Pupils return to school		
Mon 12 <sup>th</sup> February – Friday 16 <sup>th</sup> February HALF TERM		
Mon 19 <sup>th</sup> February INSET DAY (Pupils return to school on Tues 20 <sup>th</sup> Feb)		
Fri 22 <sup>nd</sup> March Term ends		
Mon 8 <sup>th</sup> April Pupils return to school		
Mon 6 <sup>th</sup> May May bank holiday (school closed)		
Mon 27 <sup>th</sup> May – Fri 31 <sup>st</sup> May HALF TERM		
Mon 3 <sup>rd</sup> June Pupils return to school		
Fri 19 <sup>th</sup> July Term ends for students		
Mon 22 <sup>nd</sup> July INSET day		

On a PE day (this information can be found on the school Newsletter which is emailed out every Friday) children must come to school wearing their PE kits. PE uniform is a white t-shirt (this can be plain or it can have the school logo on), plain black shorts/joggers/leggings, a blue St Anthony's hoody or a blue school jumper/cardigan and black trainers.

Earrings - must be removed for PE. We would prefer that your child did not wear earrings on a PE day as even if they can remove them, they can easily be lost. If your child cannot remove their earring by themselves, they should definitely not be worn on a PE days as staff are unfortunately unable to assist with this. Earrings cannot be covered by plasters. The only exception to this is if the ears are newly pierced and we will allow plasters for the duration of 6 weeks and earrings should be covered before school (this includes both the front and the back of the earring).

Only small stud earrings are allowed. Dangly, hooped or oversized earrings are not permitted.

Thank you for your continued support and for your cooperation with this matter.

Please read carefully as the PE days change from week to week at the moment.

Reception – Thursday

Y1 – Monday & Tuesday

Y2 – Wednesday & Friday

Y3 – Tuesday

Y4 – Wednesday & Thursday

Y5 – Monday & Wednesday

Y6 – Swimming Tuesday & PE Thursday

## PE days



Please remember that they need to come into school in their PE kits on these days, and they should be plain white t shirts (or those with the school badge on) and black shorts/tracksuit bottoms/leggings.

Mr K Scanlon, Head of School

