



St Brigid

She was born in County Meath but we associate her more with Kildare where she spent most of her adult life. When she was a young girl she heard St. Patrick preaching so she was amongst the first generation of Christians in Ireland. From a very early age she was known for her kindness and generosity.

People came from all over Ireland to talk with Bridget when they had problems and worries. Poor people always received a welcome and were given food and clothing. She also made sure that people received religious instruction.

Feast Day – February 1st