



## Physical Education

At St Anthony's we know that P.E is an integral part of our curriculum. We believe that the subject inspires all pupils to succeed and excel in physically- demanding activities. Through the use of the Primary PE Planning Scheme and Solihull North Sports partnership, children will develop physically, socially, emotionally and creatively.

We offer our children physically active days, whether that be through daily physical activity, P.E lessons, our active curriculum lessons, lunchtimes, the daily mile or extra-curricular activities.

Our intention is for our children to have good physical literacy to enable them to have a fit and healthy lifestyle. We also believe that children should have the opportunity to compete in sport and other activities inside and outside of school, building on their character and helping to embed our school and sport values.